

Jade Meditation Bracelet

Project B7072

Rachel Zaimont

A TierraCast guru bead and buddha charm turn a stretch bracelet of rich jade beads into a gentle reminder to stop and breathe.

What You'll Need

Stretch Magic Clear Stretchy Beading Cord 1mm/.039Inch Width - 5 Meters

SKU: XCR-2115

Project uses 1 foot

Green And White Jade 8mm Round Beads - 15 Inch Strand

SKU: SPJD-101

Project uses 21 pieces



SKU: BMB-900

Project uses 1 piece

TierraCast Pewter Charm, Round Buddha Silhouette 16.5x11.5mm, 1 Piece, Antiqued Silver Plated

SKU: PND-0784

Project uses 1 piece

Silver Plated Open Eye Pins 21 Gauge 1 Inch (x50)

SKU: FHP-6259

Project uses 1 piece

TierraCast Bright Silver Plated Lead-Free Pewter Disk Heishi Spacer Beads 4mm (50)

SKU: BMB-3924

Project uses 8 pieces

Silver Filled Anti Tarnish Crimp Bead Covers 4mm (20)

SKU: FCR-1076

Project uses 1 piece

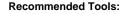
G S Hypo Cement Precise Applicator Essential!

SKU: XTL-1001

Project uses 1 piece







[XTL-5511] Beadsmith Jeweller's Micro Pliers Chain Nose Flat Nose, [XTL-5514] Beadsmith Jewelry Fine Round Nose Micro Pliers, [XTL-5600] Xuron Sharp Flush Cutter Pliers - Wire/Soft Flex, [XTL-3000] Bead Stopper- Stop Beads Sliding Off Stringing Material









Instructions

These instructions will make a 7 inch bracelet. For a longer or shorter bracelet, adjust the number of jade beads and TierraCast spacers on either side of the guru bead.

- 1. Cut 1 foot of stretch cord with flush cutters. Place a bead stopper at one end.
- 2. Please watch our video on how to make a stretch bracelet.
- 3. String 2 jade beads, and 1 TierraCast spacer. Repeat this pattern 3 more times. Then string 2 more jade beads. String 1 TierraCast guru bead. String 2 jade beads, and 1 TierraCast spacer. Repeat this pattern 3 more times. Then string 2 more jade beads.
- 4. Tie off the bracelet as shown in the video. Add Hypo Cement glue to the knot.
- 5. Take 1 silver crimp bead cover and place it around the knot in the stretch cord. Gently close the crimp bead cover with flat nose pliers.
- 6. Take 1 eye pin. Open the looped end the same way you would open a jump ring. Attach it to the loop at the bottom of the TierraCast guru bead. Close the loop.
- 7. String 1 jade bead onto the eye pin and make a simple wire loop, oriented perpendicular to the original loop (see photo for reference).
- 8. Open the wire loop you made in the previous step. Slide on the loop of the TierraCast buddha charm. Close the loop. Enjoy your bracelet!