

## Green Aventurine Meditation Bracelet

**Project B2254**

*Kat Silvia*

This meditation bracelet uses lovely aromatic wood beads and a gemstone guru bead for a simple, classic design.

### What You'll Need

Aventurine Gemstone Guru Beads, Round 11mm, 1 Set, Green

SKU: SPAV-001

Project uses 1 piece



Smooth Aromatic Cedar Wood Beads, Round 10mm, 20 Pieces, Natural

SKU: BWD-1002

Project uses 11 pieces



Lovely Knots - Asian Knotting Cord 1mm Thick - White (50 Yards On Bobbin)

SKU: XCR-0401

Project uses 1 piece



TierraCast 22K Gold Plated Pewter Nugget Heishe Spacer Beads 6mm (10)

SKU: BMB-3609

Project uses 10 pieces



### Recommended Tools:

[XTL-3250] Beadsmith Beading Needles Medium Flexible Twisted (50!), [XTL-4001]

Beadsmith Bent Fine Point Tweezers For Bead And Pearl Knotting, [XTL-5700] Fiskars 5

Precision Tip Scissors - Super Sharp



### Instructions

1. For complete instructions please watch our video: [How to Make a Meditation Bracelet with Aromatic Wood Beads and a Gemstone Guru Bead](#). In this video you will learn how to make a simple meditation bracelet. For this design you will alternate knotting the wood beads and the gold spacer beads.

2. To wear, zip the cords through the guru bead and pull tight, then tie a knot with the two tails to secure it around the wrist.