Shambhala Bracelet

Project B1001
Designer: Megan Patton

Shambhala bracelets are inspired by ancient Tibetan prayer bracelets. They are super trendy and can be made with any type of bead. Beadelle crystal pave beads lend a touch of glamour to knotted waxed cotton cord in this bracelet.

What You'll Need

Japanese Premium Waxed Cotton Necklace or Knotting Cord 1.6mm Black - 10 Feet
SKU: XCR-4150
Project uses 1 package

Beadelle Crystal 12mm Round Pave Bead Lg Hole Gunmetal Plated / Crystal (1 Pc)
SKU: BDLL-3361
Project uses 3 pieces

Beadelle Crystal 12mm Round Pave Bead Lg Hole Gunmetal Plated / Jet (1 Piece)
SKU: BDLL-3362
Project uses 3 pieces

E6000 Industrial Strength Glue Adhesive (0.18 fl oz)
SKU: XTL-1054
Project uses 1 package

Specialized Tools

Xuron Sharp Flush Cutter Pliers - Wire/Soft Flex
SKU: XTL-5600

Instructions:

These instructions will make a bracelet that adjusts to approximately 7-9". You can add or subtract beads to change the length of the bracelet. Each extra bead will add approximately 3/4".

1. Begin by cutting one 18" length and two 3' lengths of 1.6 mm black Japanese premium waxed cotton cord. Line up the ends and tie the three pieces in an overhand knot about 4" from the end. You should have one short and two long strands hanging below the knot.

2. Tie two macrame square knots. All of the macrame knots will be tied onto the shorter strand using the longer strands.

3. Thread a gunmetal and crystal 12 mm round Beadelle crystal pave large hole bead onto the shorter strand. Bring the outside strands across the bead to either side and tie two macrame square knots after the bead.

4. Repeat step 3 with a gunmetal and jet 12 mm round Beadelle crystal pave large hole bead.

5. Continue to add beads, alternating between the crystal beads and the jet beads, with two macrame square knots between each bead, until you've used all six beads. End with two macrame square knots after the last jet bead.

6. Finish the end of the last macrame knot with a square knot that is glued in place using a small amount of E6000 glue. Allow the glue to dry for at least an hour before moving on. Trim the ends of the outside strands and finish with a bit of E6000 glue. Do not trim the shorter strand that runs down the middle. Let the glue dry for at least an hour before moving on.

7. Untie the overhand knot you made at the beginning of the bracelet. Finish this end of the knotting in the same manner as the first, allowing the glue to dry for at least an hour before moving on.

8. Bring the ends of the bracelet around into a loop, crossing over the loose center strands for a few inches. Cut a 12" of waxed cotton cord and use this strand to tie a sliding knot clasp with four macrame square knots onto the bracelet.

9. Finish the sliding knot in the same manner as the ends of the bracelet knotting, allowing the glue to dry for at least an hour before moving on.

10. Adjust the sliding knot to sit about an inch from the bracelet knotting on either side. Tie the ends of the excess cord into an overhand knot about 2" from each side of the sliding knot. Check to make sure that the bracelet will adjust to fit over your hand. If the fit is good, make sure the overhand knots on the ends of the cords are very tight and trim the ends of the cords after the overhand knots.

11. When you've finished, allow all of the glue to dry for 24 hours before wearing.

I used a pair of flush cutters to trim the waxed cotton cord because it's got a fairly strong plastic core and because the flush cutters will cut cleanly right next to the knotting. You can also use scissors to trim the cord if you prefer.

Variations

Using a different color of waxed cotton cord, and changing the colors of the Beadelle pave beads will change the look of the bracelet. Just be sure to select Beadelle pave beads with at least a 2.5 mm hole so that the waxed cotton cord will fit through.

When substituting in items, pay attention to sizes and styles to make sure all your pieces will fit together.