

Stillness Stretch Bracelet

Project B2322

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A simple strung stretch bracelet can be a small reminder to take time to pause and find stillness in this crazy world. Stack it up with other bracelets to suit your personal style.

What You'll Need

TierraCast Pewter Charm, Round Buddha Silhouette 16.5x11.5mm, 1 Piece, 22K Gold Plated

SKU: PND-0786

Project uses 1 piece



Gold Plated Sleek Rondelle Beads 4 x 3mm (100)

SKU: BMB-5235

Project uses 36 pieces



Toho Round Seed Beads 8/0 55F 'Opaque Frosted Turquoise' 8 Gram Tube

SKU: JSH-0249

Project uses 48 pieces



Opelon Stretch Bead Cord, 0.7mm 5 Meters, 1 Spool, White

SKU: XCR-2228

Project uses 12 Inches



G S Hypo Cement Precise Applicator Essential!

SKU: XTL-1001

Project uses 1 piece



Recommended Tools:

[XTL-5700] Fiskars 5 Precision Tip Scissors - Super Sharp, [XTL-3000] Bead Stopper- Stop Beads Sliding Off Stringing Material



Instructions

This stretch bracelet measures approximately 7 inches. To modify the length, simply adjust the number of beads strung respectively.

1. Begin by cutting a length of stretch cord about 12 inches. Place a bead stopper about 3 inches from one end.
2. On to the cord, string on 12 turquoise beads, 1 charm, 12 turquoise beads, 12 gold beads, 12 turquoise beads, 12 gold beads, 12 turquoise beads, and 12 gold beads.
3. Remove the bead stopper and tie an overhand knot with the two ends. Place a dab of GS Hypo Cement on to the knot and tie another overhand knot. Slide the knot under the adjacent beads and trim the cords.