

Om Macrame Bracelet

Project B2321

Kat Silvia

This macrame design is perfect for stacking up a wrist full of bracelets.

What You'll Need

TierraCast Pewter, Connector with Om / Aum Symbol 20x15mm, 22K Gold Plated

SKU: FCO-1285

Project uses 1 piece



Super-Lon (S-Lon) Cord - Size 18 Twisted Nylon - White / 77 Yard Spool

SKU: XCR-4248

Project uses 1 Spool



E6000 Industrial Strength Glue Adhesive (0.18 fl oz)

SKU: XTL-1054

Project uses 1 piece



Recommended Tools:

[XTL-6120] BeadSmith Mini Macrame Board For Braiding 9x6 Inches, [XTL-5700] Fiskars 5

Precision Tip Scissors - Super Sharp

Instructions

Before you begin, watch the video: [How to Make a Shambhala Bracelet, Part I: Macrame Square Knots.](#)

1. Begin by cutting two 4' lengths and two 18" lengths of size 18 Super-Lon nylon cord.
2. Take one 4' length and one 18" length and fold them each in half, with the center folds together. Insert the folded ends of your cord down through the link so that a loop is formed coming out the bottom of the link. Then bring the ends of the cord (all four pieces) through the loop and pull tight to form a larks head knot.
3. Use the longer cords to tie square knots onto the shorter cords. Continue until the knotting measures about 2 1/4" and then finish off your knotting. Make sure to add a dab of E6000 into the knot and trim the outside cords close after the glue dries.
4. Repeat this process with the other lengths of cord on the other side of the ring.
5. Measure about 3" from the end of the knotting and tie the inner cords together in an overhand knot on each side.
6. Then use one of the longer scraps of cord to create a sliding knot clasp with four square knots. Make sure to add a dab of E6000 into the knot and trim the cords close after the glue dries.